



Mr. D.SUDHARSSANAM
(Our Founder)



S.A. COLLEGE OF ARTS & SCIENCE

(Affiliated to the University of Madras)

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Our Motto

You Predict,
Together We Create...

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(Late) Shri. D. SUDHARSSANAM

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Dear Creators,
Send your creative works to
spectrum@sacas.ac.in for
publishing in the next issue of The
Spectrum.

- The Spectrum

THE SPECTRUM

An Intra-college Newsletter Spearheaded by the Department of English

The Springboard to Creativity...

About The Spectrum...

"While discipline and freedom seem like they sit on opposite sides of the spectrum, they are actually very connected."
- Jocko Willink

Welcome to the Issue #1 of *The Spectrum!*

The Spectrum is a monthly newsletter initiated by the Department of English from June 2023. It is a platform for the students and faculty alike to create, connect and showcase their latent talents in the world of print media. This newsletter attempts to tap the creativity and thought process of the students and teacher contributors.

- Mr. M. Thanga Kumaran
Editor-in-Chief

Spiritual Wind

Dr. V. Sayi Satyavathi, Director - SACAS

Temples are located strategically at a place where the positive energy is abundantly available from the magnetic and electric wave distributions of North / South pole thrust. The main deity is positioned in the core center of the temple known as "Garbhagriha" or "Moolasthanam" or "Sanctum Sanctorum", where the earth's magnetic waves are found to be at its peak. Copper plates, inscribed with Vedic Scripts are buried beneath the deity that absorbs and radiates these magnetic waves. Thus a person regularly visiting a temple and walking clockwise around this deity receives the resonated magnetic waves and his body absorbs it. When done regularly one is able to absorb more of this positive energy that is a key determinant for a healthy mind and body translated into a happy life!

A Teacher : The Student's Perspective

Dr. Malathi Selvakkumar, Principal - SACAS

"Teachers who love teaching...teach their students to love learning". When this happens, a beautiful bond is created between the teacher and the student that revolves around unconditional love and trust, confidence and positive vibes. The foundation to this relationship is built when the teacher does not belittle or demean his/her students, but takes conscious efforts to understand their emotional and mental landscape. A teacher should be careful not to thrust his childhood shame, rejection and ridicule on his students that recreate his/her learning days. **Be that teacher who does not stereotype, discount, guilt trip or invalidate your students.**

"Teachers who put relationships first don't just have students for one year; they have students who view them as 'their' teacher for life".



Shared By :
Dr. V. Sayi Satyavathi
Director

Picture Perfect!

A complete rainbow, photo taken at 30,000 feet altitude by pilot Lloyd J Ferraro. A full rainbow is actually a complete circle, but from the ground we see only part of it. From an airplane, and in the right conditions we can see this incredible display...

Credits - Lloyd J. Ferraro

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Feedbacks and suggestions are welcome. We look forward to your continued support.
Enjoy this edition and let the words on these pages inspire, educate and entertain you!

- Editorial Board

TIME GOES BY...

Born that day, seeing my mommy's face,
Walked that day, holding my dad's hands,
Stole that day, my brother's Lays,
Time goes by, but memory stands...
Grew watching toons, on a TV so old,
Cricket in the gully was my sport then
Boom! Broke the glass, and ran off so bold,
Time goes by, but I still remember when...
Grew up further, a fine man now,
Running against the clock, burden upon my
shoulder
Did every work, but just didn't know how
Time goes by, memories fresh though older

A fine man to family man, a turn,
Thoughts of work, wife & children arose.
Time spent on love, not money to burn,
Time goes by, and my old age shows.
A weak, frail grandpa of two
The time to reminisce, and eat the last pies
To love them all and thank a few,
Time went by, and now my Goodbyes...



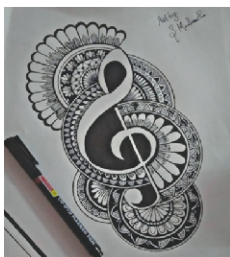
ANANTHU
II-B.Com., A&F

Alluring Butterflies

Oh! the lovely butterflies filled with colours,
Perching gracefully on each and every flower.
Now waving my hands towards them,
Escaping all of them in the dim.
Galloping like a horse found them all,
And now it's time for my mom's call.
Exquisite flies relaxing on the leaves,
One amongst them perching on my sleeves.
Shutting and fluttering its wings,
Just like a sound of a cuckoo singing.
Shaking are the leaves in the Sizzling air,
These flies elegantly move here and there.
Touching my nose with its shiny leg,
Stormy sneezing made them fleg.
Now it's time for me to return home,
To split up from them is cumbersome.

Warriors

The never ending struggle of real heroes,
Defending justice with bows and arrows.
Deadly clash with lots of challenges - facing
It all like a mighty elephant making all changes.
Intuitive fighters invading against the evil,
Having no fear fired up the perils.
We can and we will make it - Fighting for
Justice and no one can stop it.
Trumpets of the elephant, clashing with fire arms,
Sounds of all surrounded as heavy as an ounce.
Daffodils turned to a bloody soul -Continuing
Struggle till it becomes dark like a coal.
Quenching souls proved their hereditary,
Waving a flag as of their victory.
We can and we all made it -Daring
Warriors with winning thirst proved it....



V. AISWARIYA
III B.Com. 'A'

A Chapter Named After...

While I live in the thoughts of hope with a darker
hue, Poetry sings lullabies to me.

It clasps me to the world of Atlantic puffins
Just to make me smile when I scream
Without a voice and bleed without a cut.
It helped me to step out from the haunted mansion
Of may past while listening to all my anguish
With the spring of patience.
Turning into my therapist,
Whom I haven't paid a single penny to.
Until!

The ink drips frantically just to leave me like an
unfinished piece of art; a half painted portrait,
half sung tune and half written lyrics of the most
romantic song just to drop the humongous blob of
overwhelming agony I carry.

The melancholic pleasure such murky past
giving is definitely something I crave for.

Trespassing into the higher ups
To the sun-dots of dark draped sky
As a twinkle among the space flies
With scars a-few from wars of past

Just that it ended halfway
Through the best chapter
A chapter named after...



R. VIMALENDHIREN
II B.SC. NFSM&D

Thirukural in Translation

Division 1 : Aram (Virtue)
Chapter 1 : Invocation
Couplet 1
A, as its first of letters, every
speech maintains ; The
"Primal Deity" is first through
all the world's domains.
- Thiruvalluvar

A Word for You! Epitome

Meaning : A perfect example
Usage : She is an epitome
of sincerity.

Book Blurb...

2 States : The Story of My Marriage - Chetan Bhagat

Welcome to **2 States**, the story of Krish and Ananya who are from two different states of India, deeply in love with each other and want to get married. Of course, their parents don't agree. To convert their love story into a love marriage, the couple has a tough battle ahead of them; for it is easy to fight and rebel, but much harder to convince. Will they make it?

Wise Words of the Month

"Don't sit under an orange tree waiting for apples to grow."

- Grace Helbig

Hats off SACAS !

The Cancare Project...

SACAS through The Rotaract Club and Inner Wheel Club has made donations to support Dean Foundation's initiatives.

Our college contributed 777.5 kilograms of papers and 28.5 kilograms of cardboard to the foundation. Subsequently, these donated materials were sold, resulting in a total of Rupees Eighteen Thousand and Five Hundred (Rs. 18,500/-).

The funds raised from this endowment are utilized to meet the medical expenses of patients who come from a low socioeconomic background. The college policy for disposal is to channelize waste papers for a social cause through Dean Foundation on a continual basis.

What Happened at SACAS?



The Bookmark - Readers' Club of the department of English had its first meeting on 23-06-2023 with the students of III B.A. English and the faculty members of the English department. The main aim of the club is to inculcate the reading habit among students. The students and faculty members shared their reading experience and summarised their favourite literary piece of art in a nutshell. The meeting was convened by Mr. M. Thanga Kumaran and coordinated by the department of English.

Training Academy at SACAS...

Our college moved forward in starting an IAS Academy in the campus by arranging an Orientation Programme in collaboration with 'The Buddha Academy' under the guidance of the Director Dr. V. Sayi Satyavathi and the Principal Dr. Malathi Selvakkumar.

An Orientation for Competitive Examinations was given to the students/aspirants from second and third year UG programmes on June 21, 2023. Mr. Venu Venkatraman addressed the students and gave an introduction about the competitive examination in general and the need for the training programme in particular. Dr. S. Ganapathy & Mr. M. Thanga Kumaran coordinated the programme.

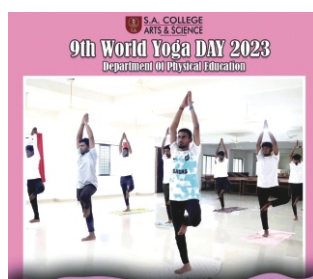


FDP on Cloud Practitioner...

The Department of Computer Science and Applications organised a 5 day FDP on Cloud Practitioner in association with ICT Academy from 19-06-2023 to 23-06-2023 for the faculty members exclusively from the institutions with ICT Academy's Membership. Nearly 37 faculty members across Chennai and Thiruvallur districts participated and benefited.

International Yoga Day...

S. A. College of Arts & Science celebrated the 9th International Yoga Day on 21-06-2023. The programme was coordinated by the Department of Physical Education. Mr. M. Sivamaran, the Director of Physical Education taught the Asanas, Pranayamas, Suryanamaskar to the sports students. Dr. E. Esakkiammal of the Department of Tamil gave a talk on the importance of Yoga and Sports. Mr. Haribabu, Assistant Director of Physical Education coordinated the event. At the end of the session herbal tea and sprouts were distributed to all.



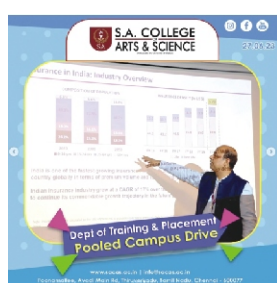
Mastering Your Thoughts



The Central Library of SACAS organized a workshop on "Mastering Your Thoughts" on 27-06-2023. Mr. A.T Rajkumar, a Civil Engineer, an

Entrepreneur and a writer facilitated the session on mastering one's thoughts. He delivered a mind technique of "Blanking the Unnecessary Thoughts". 180 students actively participated in this session.

Pooled Campus Drive



The Department of Training and Placement arranged a pooled campus drive for 2020-2023 batch students on 27-06-2023. SBI life Insurance Company Pvt. Ltd. HR team conducted the interview. Many

deserving candidates passed out from various colleges in 2022-23 participated and have got their offer letters.

The 2nd State Level Inter School T20 Cricket Tournament...

The 2nd State Level Inter School T20 Cricket Tournament was organized between 28-06-2023 & 04-07-2023. Nearly 10 teams from various schools of three districts participated in the tournament.



Talk of SACAS... Vannamayilae Vibe...

The Rotaract Club of SACAS has joined hands with the Vannamayilae team in the noble gesture of sponsoring for a girl child's education from the government school in Poonamallee. Mr. M. Vignesh Kumar, Assistant Professor of Dept. of Tamil has youthfully penned the lyrics of the song with the pen name Mu. Vi.



Visitor's Echo...

Greetings to SACAS! I feel happy and elated to attend the FDP for five days at SACAS. The programme was organised well by the department of Computer Science and Applications. A special mention to Mr. P. Chandrasekar for his effort. A good ambience and hospitality. Awestruck with the infrastructure. Wish to come again soon.

Mr. P. Jayachandran,
Assistant Professor,
Dept. of Computer Science,
Thiruthangal Nadar College,
Chennai - 600 051.

Thinking Hats.

1. I speak without a mouth and hear without ears. I have nobody, but I come alive with wind. What am I?
2. I have cities, but no houses. I have mountains, but no trees. I have water, but no fish. What am I?
3. What gets wet while drying?
4. How many letters are in "the alphabet?"
5. You measure my life in hours and I serve you by expiring. I'm quick when I'm thin and slow when I'm fat. The wind is my enemy.

Eccentric English... Who are they???

1. 5 ants + 5 ants =
 2. Ant that's looking for a job =
 3. A big ant =
 4. A very little ant =
 5. Ant that has a gun =
- (For Answers Scroll Down...)

Rotaract Award

Rotaract Club of S. A. College of Arts & Science took part in INSPIRE (An Award Function) with 7 students on 24-06-2023. Our college was nominated for two awards for the Best Inspiring Club and The Best Professional Service for Homepreneurs Meet. Our Rotaract Board Official Vice President and Sergeant of 2023 were awarded Star of Rotaract. Hats off Rotaract!



Award For SACAS

On 24-06-2023 Mr. P. Karthikeyan of III B.Com. A&F and Boys Sports Secretary won the Silver Medal in 1500m run and Bronze Medal in the 800m run. R. R. Shaalu of III B.Com General & Girls Sports Secretary won the Gold Medal in the 1500m run women open category in the Chief Minister Trophy 2023 organized by Thiruvalluvar District Athletic Association at Thiruvallur. Congratulations to them!



ZIG-ZAG...

Sharpen your pencils and clear your glasses to find ten words related to Classroom.

A	T	N	E	D	U	T	S	D	E
F	E	I	H	C	S	I	M	C	E
E	R	F	Q	R	Z	A	N	Z	G
I	E	G	P	S	Y	A	B	C	N
C	H	A	L	K	D	E	S	K	I
O	C	H	O	N	X	D	D	E	N
U	A	I	E	M	A	R	K	E	R
B	E	T	N	T	W	A	F	G	A
C	T	J	C	I	L	O	R	F	E
A	K	L	M	U	V	B	H	I	L

Spot The 10 Differences



English Winglish

Anagrams

They are a form of wordplay in which the letters of a word or phrase are rearranged to create a new word or phrase.

- Listen - Silent
- Heart - Earth
- Lake - Leak
- Deaf - Fade
- Note - Tone

- A. Aditya (III B. A. English)

Pangram

A pangram or holo alphabetic sentence is a sentence using every letter of a given alphabet at least once. The best-known English pangram is "The quick brown fox jumps over the lazy dog".

- The five boxing wizards jump quickly.
- Pack my box with five dozen liquor jugs.
- Go, lazy fat vixen; be shrewd, jump quick.
- When zombies arrive, quickly fax Judge Pat.
- Amazingly few discotheques provide jukeboxes.

V. Roopavathi (III B.A. English)

Palindrome

It is a word, sentence, verse, or even number that reads the same backward or forward. It derives from Greek roots that literally mean "running back" (palin is "again, back," and dromos, "running.")

- Word : Madam, Liril & Malayalam
- Phrase : No Lemon, No Melon.
- Sentence : "Was it a car or a cat I saw?"
- Number : 123454321
- Date : 02-02-2020

- K. Aravind (III B.A. English)

From Tamil to English...

English has borrowed vocabulary from languages all around the world. A surprising one is Tamil. These words have gone all the way from Tamil Nadu to English.

- Culvert - Kalvettu
- Teak - Theakku
- Coir - Kayiru
- Cash - Kasu
- Mango - Mangaai

- B. Rahul (III B.A. English)

Common Business Abbreviations

Let us get to know some business abbreviations and make our official writing interesting.

- EOD - End of Day
- ETA - Estimated Time of Arrival
- FYI - For Your Information
- BTW - By the Way
- COB - Close of Business

- I. Ajay (III B.A. English)

Blend and Mend

A word blend is formed by combining two separate words with different meanings to form a new one.

- brunch - breakfast + lunch.
- biopic - biography + picture.
- Motel - Motor + hotel
- Netizens - Network + citizens
- Sci-fi - Science + fiction

- R. Guhan (III B.A. English)

Homophones

Words that sound the same but have different meanings and are spelled differently.

- Weak - Week
- Sun - Son
- See - Sea
- Plane - Plain
- Meet - Meat

- V. Ravi Teja (III B.A. English)

Eccentric English...

They are...	Thinking Hats...	Zig - Zag...
1. 2jndn9T	1. oH3E	1. 9cn0bn9jJA
2. jnd0ilqqA	2. qdM	2. 2il0lj
3. jndHq9E	3. l9woT	3. j9H0D9T
4. jnd0lnI	4. ll	4. 929G
5. jnd0jliM	5. 9lbn0C	5. 9ninj99J
		6. bjd0e
		7. 99ih0ziM
		8. j9Kj0M
		9. 9j0H0
		10. jn9b0j2

Answers :

It won't be that interesting if the answer is that straight. Take a mirror and place it to the right of each section and get the answers. Done.

English Novels into Tamil Movies...

A film adaptation is the transfer of a work or story, in whole or in part, to a feature film. Here are the list of Tamil Movies adapted the story of English Novels / Short Stories.

Kandukondain Kandukondain :

Sense and Sensibility by Jane Austen

Nanban : Five Point Someone by Chetan Bhagat

Shanthi Nilayam : Jane Eyre by Charlotte Bronte

Paradesi : Red Tea by Paul Harris Daniel

Iyarkai : White Night by Fyodor Dostoevsky

- R. Savitha (III B.A. English)